

Health Questionnaire

Date _____

Name _____ Preferred Phone (_____) _____
 Height _____ Weight _____ Male Female Date of Birth ____ - ____ - ____
 Whom may we contact in case an emergency? _____ Phone (_____) _____

Name & Relationship

Physicians Name _____ Phone (_____) _____

For the following questions please circle YES or NO, whichever applies. Your answers are for our records only and will be considered confidential. Please note that you may be asked some questions about your responses to this questionnaire ad there may be additional questions concerning your health.

NO	YES	Has there been any change in your general health within the past year?
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Date of last physical _____

NO	YES	Are you under the care of a physician? If so what for?
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NO	YES	Have you had any serious illness, or been hospitalized in the past 5 years?
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If so, for what reason? _____

Do you have or have you had any of the following problems or diseases?

NO	YES	Cardiovascular disease? (heart attack, angina, coronary insufficiency, coronary occlusion, arteriosclerosis, stroke or any heart surgery) <i>*Please circle</i>
NO	YES	Heart murmur, rheumatic heart disease, mitral valve prolapsed, congenital heart defects or artificial heart valves/stents? <i>*Please circle</i>
NO	YES	Do you have a cardiac pacemaker?
NO	YES	Any other cardiac conditions?

NO	YES	Seasonal Allergies?
NO	YES	Sinus Issues?
NO	YES	Bronchitis?
NO	YES	Respiratory problems?

NO	YES	Have you ever had any treatment for cancer?
NO	YES	Have you ever had any treatment for tumors or growths? If so please list:

NO	YES	Have you ever or do you currently take Bisphosphonate drugs or other Osteoporosis drugs or treatments?
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NO	YES	Stomach Ulcer?
NO	YES	Acid Reflux?
NO	YES	Hyperacidity?

NO	YES	High blood pressure?
NO	YES	Low blood pressure?
NO	YES	Controlled blood pressure with medication?

NO	YES	Have you had abnormal bleeding?
NO	YES	Have you ever required a blood transfusion?
NO	YES	Do you have a blood disorder such as anemia?

NO	YES	Do you use tobacco products? Circle - <i>Cigarettes Cigars Chewing tobacco</i> <i>How much: _____/per day</i>
NO	YES	Have you ever had alcohol or substance abuse issues?

NO	YES	Do you have chest pain upon exertion?
NO	YES	Are you ever short of breath after mild exercise or when lying down?
NO	YES	Fainting spells?

NO	YES	Thyroid problems?
NO	YES	Persistent swollen glands in neck?

NO	YES	Persistent cough or cough producing blood?
NO	YES	Asthma?
NO	YES	Emphysema?

NO	YES	Jaundice?
NO	YES	Hepatitis?
NO	YES	Liver disease?

NO	YES	Do your ankles swell?
NO	YES	Painful swollen joints?
NO	YES	Arthritis?
NO	YES	Joint replacement hip, knee or other? * Please specify

NO	YES	Kidney trouble?
NO	YES	Diabetes?

NO	YES	AIDS or HIV or STD?
NO	YES	Tuberculosis?

NO	YES	Recent weight loss?
NO	YES	Persistent diarrhea?

NO	YES	Epilepsy?
NO	YES	Neurological disorder? Please specify - _____

NO	YES	Problems with your immune system?
NO	YES	Problems with mental health?

NO	YES	Do you snore?
NO	YES	Do you have trouble sleeping through the night?
NO	YES	Do you have a history of sleep apnea?
NO	YES	Are you supposed to wear a CPAP?
NO	YES	Do you wear your CPAP as instructed?

